Train trips in Scandinavia

Stockholm – Göteborg – Malmö – Åre/Jämtland

The Swedish alps.
No matter whether it’s summer or winter, Åre has something to offer for everyone. This is the place for highland adventures such as white-water rafting, off-piste skiing and fell walking in a natural beauty spot.

A mecca for skiers
Come to Åre and experience a real winter. Åre is Sweden’s largest ski resort, offering 30+ pistes of all categories to whiz down. But Åre has much more to offer besides skiing and skateboarding. This, for example, is the perfect place to try dog sledding, ice-climbing on frozen waterfalls, a snowmobile safari and so much more. Furthermore, most of the hotels offer relaxing spa facilities, with warm whirlpools under the starry skies, swimming pools and authentic Scandinavian saunas. One great end to the day could be dropping in for some cozy après ski at the popular club, Dippan. Welcome to Åre, where the train stops in the middle of the village and the slopes are right outside your door.

A summer adventure
A summer packed with exciting adventures is about to begin. Åre offers everything from scenic fell walking and hang-gliding to exhilarating white-water rafting. For those with a passion for life in the fast lane, a visit to Åre Bike Park would be popular. This is where skis are traded for mountain bikes and a ride down the steep mountain slopes awaits. Åre’s waters are rich in salmon trout and char, making it the perfect spot to try your luck at fishing. Who knows, maybe you’ll be bragging about your next big catch here. Åre is where the cozy village atmosphere meets a pulsating nightlife, combined with trendy shopping offering the latest in sports and outdoor pursuits.

How to get there:
Night trains depart each evening from Stockholm, Göteborg and Malmö.
Travel time is approx. 6.5 hrs. from Stockholm, 13 hrs. from Göteborg and 14.5 hrs. from Malmö.

Stop-off suggestions:
Östersund – the only city in Jämtland, beautifully situated by Lake Storsjön, Östersund train station.
Vålådalen mountain station in the heart of Vålådalen Nature Reserve, Undersåker train station.